

Warm-up Routine & Daily Fundamentals

LvL 3

Dan Head

$\text{♩} = 50$

Use a drone of the starting pitch for each grouping.

I. M. 1 - Sing using Solfege.

II. M. 1 - 18 - Buzz Lips Alone then Buzz with the Mouthpiece.

III. Play the Whole Sequence on the Horn.

1

2 $\text{♩} = 50$
Use a C-G drone throughout

♩ = 50

51

56

61

1-3

1-2-3

3 ♩ = 80
Free Buzz then Play each Grouping with a drone of that note.

dit dit dit dit

6

♩ = 80
Legato Tonguing, Use a C-G drone.

"tOO" "kOO"

7

t t k

12

t k t k

4 Lip Flexibility and aperture control. Go through each pattern with the descending chromatic fingerings, using a C-G drone throughout.

The musical score consists of seven systems, each with a tempo marking and dynamic markings. The notes are written on a treble clef staff with a C-G drone indicated by a circled 'C' above the staff. The exercises are as follows:

- System 1:** Tempo $\text{♩} = 80$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , p , f , p , f , p , f .
Tempo $\text{♩} = 90$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , $>$, p , $<$, f , $>$, p , $<$, f , $>$, p , $<$, f .
- System 2:** Tempo $\text{♩} = 100$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , $>$, p , $<$, f , $>$, p , $<$, f , $>$, p , $<$, f .
- System 3:** Tempo $\text{♩} = 110$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , $>$, p , $<$, f , $>$, p , $<$, f , $>$, p , $<$, f .
- System 4:** Tempo $\text{♩} = 120$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , $>$, p , $<$, f , $>$, p , $<$, f , $>$, p , $<$, f .
- System 5:** Tempo $\text{♩} = 130$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , $>$, p , $<$, f , $>$, p , $<$, f , $>$, p , $<$, f .
- System 6:** Tempo $\text{♩} = 140$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: f , $>$, p , $<$, f , $>$, p , $<$, f .
- System 7:** Tempo $\text{♩} = 140$. Notes: C4, D4, E4, F4, G4, F4, E4, D4, C4. Dynamics: p , $>$, f , $>$, p , $<$, f , $>$, p , $<$, f .

27 $\text{♩} = 150$

f *p* *f* *p*

31

f *p* *f*

34 **5** $\text{♩} = 80$ Whole Step Trill

3 3 3 3

38

6 6 6 6

40 $\text{♩} = 80$ Lip Trill

2-3 2-3 3 3 3 3

44

6 6 6 6

46 **6** $\text{♩} = 80$ Alternate tonguing and slurring everyday.

#

50

f *p* *f* *p*

♩ = 80

54 **7** Begin each note as soft as possible and crescendo to your maximum volume.
Use a different arpeggio in different ranges every day. Use a drone of the tonic note.

Musical notation for exercise 7, showing a sequence of notes with arpeggio markings and a drone line.

8 ♩ = 80 Two octave chromatic scales; follow the pattern of expanding starting pitches.

Musical notation for exercise 8, showing two octave chromatic scales with expanding starting pitches.

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♩ = 80 Chromatic Bends. Breathe whenever necessary.

Musical notation for exercise 9, showing chromatic bends in 3/4 time.

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20

A musical staff in treble clef containing a sequence of notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. Below the staff, there are bracketed fingerings: '1' under C4, '2' under D4, '3' under E4, '4' under F4, '5' under G4, '4' under A4, '3' under B4, '2' under C5, '1' under B4, '2' under A4, '3' under G4, '4' under F4, '5' under E4, '4' under D4, '3' under C4. A long slur is drawn over the entire staff.

27 **10** Forced Gliss, no set tempo

A musical staff in treble clef showing glissando exercises. The first measure starts with a sharp sign (#) and has a fingering of '1-2-3' below it. The second measure has a fingering of '1-3' below it. The notes are connected by a jagged line labeled 'gliss.'. The notes are: G#4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The third measure starts with a flat sign (b) and has a fingering of '1-3' below it. The notes are: Bb4, C5, B4, A4, G4, F4, E4, D4, C4. The fourth measure starts with a flat sign (b) and has a fingering of '1-3' below it. The notes are: Bb4, C5, B4, A4, G4, F4, E4, D4, C4.

30

A musical staff in treble clef showing glissando exercises. The first measure has a fingering of '1-2-3' below it. The second measure has a fingering of '1-3' below it. The notes are connected by a jagged line labeled 'gliss.'. The notes are: G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The third measure starts with a flat sign (b) and has a fingering of '1-3' below it. The notes are: Bb4, C5, B4, A4, G4, F4, E4, D4, C4. The fourth measure has a fingering of '1-2-3' below it. The notes are: G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The fifth measure has a fingering of '1-3' below it. The notes are: Bb4, C5, B4, A4, G4, F4, E4, D4, C4.